



## DAY SERVICE INFORMATION

**Location:** Hamilton Autism Services  
Harby Lodge  
13 Pelham Road  
Nottingham  
NG5 1AP  
**Tel: 0115 962 9740**

**Manager:** Katie Weightman  
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### **Provider:**

Autism East Midlands,  
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## **Aims and Objectives**

Autism East Midlands is a registered charity, which aims to ensure that opportunities are made available to service users to maintain their individuality, maximise their independence and enhance their quality of life.

## **Philosophy**

The service will:

- promote equal opportunities
- be sensitive to peoples' needs
- respect people & preserve their privacy and dignity
- put the needs of the service user at the centre of decision making in respect of their individual support and their involvement in the decision making process
- provide information on which service users and appropriate others may base their decisions
- meet individual needs through a process of assessment, planning, implementation and evaluation
- enable service users to maintain existing skills and interests, encourage new ones and to promote progression towards greater independence.
- support a multi agency approach drawing on the experience of others to meet identified needs

Engagement with flexible day services provides individuals with holistic person centered support delivered in the following ways:

- engaging with the community.
- promoting health and well being.
- support to make informed choices and have control of their life.
- promoting independence and developing new skills.

## **The Service**

Hamilton Autism Services at Harby Lodge offers a wide range of structured activities based on individual requirements and interests. We are a specialist autism specific, person centred service offering flexible packages throughout the week, plus an extended Service which can run 7 days a week.

The experienced staff will work with you to create an individual plan of activities based on your needs, interests and abilities.

We aim to help you develop existing and new skills through a structured timetable within a person centred environment.

All of the activities specifically focus on developing communication skills, social integration, confidence and independence to achieve your full potential.

We offer a variety of activities on site, including Music, sensory Room a news group once a week, gardening, Baking as well as a range of community based activities.

Autism Spectrum Condition (ASC) is a pervasive developmental disorder affecting communication, socialisation & flexibility of thought.

Its manifestation is variable for individuals.

For those at Hamilton Autism Services it includes but is not restricted to:

- ⇒ an impairment in the ability to accurately process and retain information
- ⇒ an impairment in communication skills
- ⇒ a rigidity in thought processes
- ⇒ an inability to accurately assess risk
- ⇒ an impairment in the ability to forward plan and a lack of understanding of the consequences of such action
- ⇒ a lack of empathy
- ⇒ difficulty in developing appropriate relationships.

The further development of 'need & desire' specific individual support plans enables consistency in support whilst lessening the opportunity to over or under support.

These areas include:

- ⇒ personal care
- ⇒ development of Independence
- ⇒ creating opportunities for social involvement/inclusion
- ⇒ maintaining family links
- ⇒ accessing main stream facilities
- ⇒ ensuring the health, safety and wellbeing of individuals
- ⇒ helping service users to take reasonable and fully thought-out risk.

### **Hamilton Autism Services Support Team**

The service is managed by an appropriately qualified and experienced manager, (Diploma Level 5).

All members of staff at Hamilton Autism Services have received a DBS check and training appropriate to their role.

This includes but is not confined to:

- ⇒ Care Certificate (new staff)
- ⇒ Diploma level 2 and 3
- ⇒ Autism / Asperger / PDA awareness.
- ⇒ Mental Capacity Act / Deprivation of Liberty Safeguards
- ⇒ Medication Training
- ⇒ First Aid
- ⇒ Food Hygiene
- ⇒ Health & Safety
- ⇒ Manual Handling
- ⇒ Risk Assessment
- ⇒ Fire Safety
- ⇒ Equality & Diversity
- ⇒ CALM Training
- ⇒ Epilepsy
- ⇒ Infection Control

Training needs and opportunities for further development are identified through supervision and annual appraisal for all staff.

All members of staff have a professional responsibility to respect the rights of service users, treat them with respect and dignity and protect them as far as possible from danger or harm.

### **Evaluation of Service**

The service is monitored and evaluated by a number of internal & external bodies:

- ⇒ service user verbal and non-verbal communication
- ⇒ parent / carer feedback
- ⇒ regular review of Individual Support Plans
- ⇒ Autism East Midlands Quality Assurance Self Assessment Audits
- ⇒ audits by funding authorities and external suppliers / agencies.