



WORKING PROGRESS

Does finding employment feel like hard work?

- Are you over 19 years old and unemployed?
- Do you have a health condition or disability that makes finding the right job frustrating?
- Has your mental health made finding work difficult?
- Maybe you feel your age is stopping you getting a job?
- There could be a language barrier or cultural isolation?
- Or is it that childcare feels too expensive and complicated?

Whatever is stopping you... take your first steps towards employment and join Working Progress today.



Commsortia
stronger together



WE CAN SUPPORT YOU WITH:

Interview Skills

CV Writing

1-2-1 Advice & Support

Volunteering

Education & Training

1-2-1 Coaching & Mentoring

Confidence & Self Esteem

Developing New Skills



**COMMUNITY
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European Union
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How can you get involved?



Autism East Midlands offers a specialist autism specific, ADHD person centred approach, where they can support individuals to achieve their full potential. Their Employment Coaches work with individuals to develop a bespoke programme in Northampton and South Northamptonshire.

Contact:

employment@autismeastmidlands.org.uk

Tel: 01909 506678

www.autismeastmidlands.org.uk



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This project is funded by the European Social Fund and The National Lottery Community Fund.