



Silly Sock Day 2020

Friday 3rd April

#SillySockDay

Autism East Midlands invite you to join them during Autism Awareness Week to raise awareness of autism by wearing the **silliest set of socks** you can get your hands on!

By donning your most ridiculous socks on **Friday 3rd April** you can help support autistic individuals by raising funds and awareness. We'd love to see what you get up to, so be sure to share images of your fetching footwear on social media! You can do this by using **#SillySockDay** and tagging **@autismeastmids** into your post.

We want the day to be a huge success in the region, so it'd be fantastic if you could invite anyone you know to take part - friends, family, schools, community groups and work colleagues can all get involved – the more the merrier!



We'd love to hear what you have planned so we can give you advice and provide you with fundraising materials - get in touch with us by emailing: **fundraising@autismeastmidlands.org.uk**






Autism | 
East Midlands

For more information...

W autismeastmidlands.org.uk

T 01909 506 678

E fundraising@autismeastmidlands.org.uk

   Autism East Midlands

Registered office: Autism East Midlands, Unit 31 Craggs Industrial Estate, Morven Street, Creswell, Worksop, Nottinghamshire S80 4AJ

Registered charity no. 517954

Company Limited by Guarantee, registered in England no. 2053860.