

# CARLTON ROAD NEWS



Over the past few weeks, Carlton Road residents have been deciding on colours to decorate rooms in the house. Through service user voice meetings, residents were able to have this decision over a wide range of colours and themes. Recently, we have had new refurbishments of both 181 and 183'2 kitchens also, with 181 being complete and 183 in the process of completion. Here, Steven and Leslie went shopping to buy the paint that they had chosen for their kitchen.



## *Carlton road at Christmas*



At Christmas, our service users went to the AEM Christmas party at Manton Club. They had fun dancing, socialising with others from the organisation, and going on the karaoke!





On Christmas morning, the service users remaining at Carlton road opened their presents that they had asked for themselves. As you can see, Mark and Steve were really happy with what they had! With Christmas and Boxing being quiet, on Boxing day, the gents were supported to go to Cleethorpes, as has become an annual trip! They enjoyed fish and chips, ice cream, spent time in the arcades and had a walk along the sea front! Although cold, this trip has definitely become a favourite according to Steve and Mark! 😊



Through the week, Carlton Road gentleman participate in a person centred activity timetable, however, sometimes, due to weather conditions, holiday periods etc, we are flexible in changing activities. During these times, the gentlemen sometimes go on day trips or walks. Over the past couple of months, we've been for a long walk down Chesterfield Canal, and also filled a request



of Rory's by going to visit Newark castle!





Recently, Carlton have took on the maintenance of an allotment in Worksop. This allotment is a massive project for us which involves tasks such as woodwork and not just the planting of fruit and vegetables. Some of our guys, including Leslie, Steven, Kevin, Mark, and Richard, have been to the allotment twice a week slowly but surely, getting things ready so that it will be ready for crops later this year. With support from staff, the gentlemen have been using electrical tools such as drills and woodwork tools to cut wood for the shed, dig holes for the polytunnel and turn over soil to be ready for seeds. As you can see below, we're already making progress 😊



The Sherwood Centre is part of Autism East Midlands, based in Mansfield that support individuals to do many great things, including woodwork. After Christmas, Leslie has begun to attend their day services on a Wednesday to do woodwork projects, and he has already built things such as part of a

gazebo, and wooden men using highly skilled equipment like pillar drills and chop saws. Well done Leslie!

