



Autism East Midlands

Mansfield Teen Hub

Session dates for 2023

Sherwood Autism Centre
Hallam Way, Old Mill Industrial Estate
Mansfield Woodhouse, NG19 9BG

The aim of the teen hub is to offer support and a safe space for families who have teenagers on the Autistic Spectrum. Teenagers (including siblings) can participate at their own pace with support from parents and our staff team. We offer a choice of activities including themed arts and crafts, table top games, sports activities, sensory room and garden. There is also a communal area so you can sit back and enjoy some refreshments, whilst talking to other families and sharing experiences or speaking with staff for advice and support.

These are drop in sessions for the whole family to enjoy. No need to book a place – just turn up – but feel free to contact me if you have any questions.

Usually the 3rd Saturday of the month, 11am-2.30pm

January 21 st	February 18 th
March 18 th	April 15 th
May 20 th	June 17 th
July 15 th	August 19 th
September 16 th	October 21 st
November 18 th	December event TBC

For further information contact:-
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