

The Sherwood Centre- Mansfield Woodhouse



Statement of Purpose

The Sherwood Centre is an Autism Specific Hub operating an extended service Monday – Sunday between the hours of 8am-22.00pm offering a wide range of structured activities specifically focusing on building practical skills for the workplace and independence. We also have a sensory element to the service offering lots of sensory activities, through music and sensory exploring. Our building is an easy to access building which has generously spacious rooms. We have a unique approach to supporting adults with Autism and Learning disabilities; the nature of our service encourages the individual as much choice and control over their support which is always approached in a person centred way. We are located on an industrial park in Mansfield Woodhouse which reflects the purpose of our work based activities and opportunities.

Our experienced supporting staff team will develop a bespoke programme of activities, tailored to individual needs and aspirations, within a structured and supportive environment.

Currently we offer the following;

- Swimming
- Gym sessions
- Promoting team work
- Building confidence
- Developing work skills
- Promoting independence
- Work experience opportunities
- Support into paid employment
- Access a range of activities and to have fun whilst learning new skills
- Promoting team skills
- Health and wellbeing skills
- Independent living skills
- Being able to make informed choices
- Trampoline Park
- Upcycling/furniture restoration
- Pottery
- Sensory explore
- Walking groups
- Volunteer positions (Charity shops, Sherwood forest)
- Gardening
- Music sessions
- Arts and Crafts
- Baking and cookery sessions
- Shopping/independence skills
- Farm visits
- Museum Visits
- Painting and decoration
- Bicycle Restoration

We are proactive in reducing restrictive practices and provide support that enables the individual to express themselves freely contributing to new ideas and choices for their time within the autism hub and their life journey ahead.

Within Autism East Midlands we have access to our very own Positive Behaviour Support Team, which are on hand for their support and guidance.

We aim to provide stimulation and happiness in a calm and caring environment.

If you wish to make contact and discuss our opportunities and placements further please get in touch.

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