

## Nottingham City Autism Family Support Hub Session dates for 2025

## Burton Road Community Centre 125 Burton Road, Nottingham, NG4 3GN

The aim of the hub is to offer support and a safe space for families who have children on the Autistic Spectrum, with or without a diagnosis. These are drop in sessions for the whole family to enjoy, aimed at children 11 and under. Children (including siblings) can participate at their own pace with support from parents and our staff team. Parents/carers can engage in activities, or enjoy some refreshments whilst talking to other families and sharing experiences or speaking with staff for advice and support.

There is a charge of £1 for refreshments, and we would also be really grateful if you could donate what you can afford towards the running of the session. Cash is preferred.

No need to book a place – just turn up – but feel free to contact me if you have any questions or you would like to be added to my mailing list – claire.lee@aem.org.uk

## Usually the third Tuesday of the month, 4.30-6.30pm

Jan 21<sup>st</sup> Feb 18<sup>th</sup>

Mar 18<sup>th</sup> Apr 22<sup>nd</sup>

May 20<sup>th</sup> Jun 17<sup>th</sup>

Jul 15<sup>th</sup> Aug 19<sup>th</sup>

Sep 16<sup>th</sup> Oct 21<sup>st</sup>

Nov 18<sup>th</sup> Dec TBC



For further information contact:- claire.lee@aem.org.uk