

## Northampton Autism Family Support Hub Session dates for 2025

## Kingsthorpe Community Church High St, Kingsthorpe, Northampton NN2 6QF

The aim of the hub is to offer support and a safe space for families who have children on the Autistic Spectrum, with or without a diagnosis. These are drop in sessions for the whole family to enjoy, aimed at children 11 and under. Children (including siblings) can participate at their own pace with support from parents and our staff team. Parents/carers can engage in activities, or enjoy some refreshments whilst talking to other families and sharing experiences or speaking with staff for advice and support.

There is a charge of £1 for refreshments, and we would also be really grateful if you could donate what you can afford towards the running of the session. Cash is preferred.

No need to book a place – just turn up – but feel free to contact me if you have any questions or you would like to be added to my mailing list – lesley.lock@aem.org.uk

## Usually the first Monday of the month, 4.00-6.30pm

Jan 6<sup>th</sup> Feb 3<sup>rd</sup>

Mar 3<sup>rd</sup> Apr 7<sup>th</sup>

May 12<sup>th</sup> \* Jun 2<sup>nd</sup>

Jul 7<sup>th</sup> Aug 4<sup>th</sup>

Sep 1<sup>st</sup> Oct 6<sup>th</sup>

Nov 3<sup>rd</sup> Dec TBC

Use the postcode NN2 7BD in your maps – this is the postcode for Waitrose.

You can park in the Waitrose car park, and if you're going to be longer than 2 hours let hub staff know.

Don't go to the High Street entrance of the church, as our entrance is located behind Waitrose at the back of the car park – as you look at Waitrose, walk round it to the right (still in the car park) and you will see a red brick building on the right – that's where we are! You should see our AEM banner outside too.

If you have difficultly finding us then give me a call – 07970 397 465.

For further information contact:- lesley.lock@aem.org.uk

<sup>\*</sup> Moved from usual date because of bank holiday