

MANSFIELD WOODHOUSE AUTISM FAMILY SUPPORT HUB

TEEN
HUB!

RUN BY **AEM**

Session Dates for 2026



Scan me

Sherwood Autism Centre

Hallam Way, Old Mill Industrial Estate
Mansfield Woodhouse, NG19 9BG

The Autism Family Support Hub is a very relaxed session, with a choice of activities. The aim is to offer support if needed for families with autistic children, with or without a diagnosis.



These are drop in sessions for the whole family



Teenagers, including siblings, can enjoy table top games, sports activities, a sensory room and garden



Parents/carers can engage in activities too, or enjoy some refreshments whilst talking to other families and sharing experiences or speaking with staff for advice and support.



No need to book a place
– just turn up

If you'd like to join our mailing list, get in touch;

chris.smith@aem.org.uk

£1 for refreshments

We'd also be really grateful if you could donate what you can afford towards the running of the session.
Cash is preferred.

Usually the third Saturday of the month 11am-2.30pm

17th January

18th April

18th July

17th October

21st February

16th May

15th August

21st November

21st March

20th June

19th September

December TBC