

# LEICESTER AUTISM FAMILY SUPPORT HUB

## RUN BY **AEM**

### Session Dates for 2026

**Birstall Methodist Centre**  
Wanlip Lane, Leicester LE4 4JS



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The Autism Family Support Hub is a very relaxed stay and play session, with the aim of offering support if needed for families with autistic children, with or without a diagnosis.



These are drop in sessions for the whole family



Children 11 and under, including siblings, can enjoy crafts, sensory activities and toys



Parents/carers can engage in activities too, or enjoy some refreshments whilst talking to other families and sharing experiences or speaking with staff for advice and support.



No need to book a place  
– just turn up

If you'd like to join our mailing list, get in touch;

[lesley.lock@aem.org.uk](mailto:lesley.lock@aem.org.uk)

**£1 for refreshments**

We'd also be really grateful if you could donate what you can afford towards the running of the session. Cash is preferred.

Usually the first Saturday of the month 10am-12.30pm

17<sup>th</sup> January\*

11<sup>th</sup> April\*

11<sup>th</sup> July\*

3<sup>rd</sup> October

7<sup>th</sup> February

2<sup>nd</sup> May

1<sup>st</sup> August

7<sup>th</sup> November

7<sup>th</sup> March

13<sup>th</sup> June\*

5<sup>th</sup> September

December TBC

\* Moved from usual date