

NEURO HUB NEWSLETTER

DECEMBER
2025

Monthly Sessions

Buddie's Play Den

First & last Saturday of the month we host an Under 10's SEN play session at Buddie's Den in Clay Cross.

Movement to Music

First Saturday of the month we host themed SEN dance sessions with Sunflower Dance.

Chester's Den

Third Sunday of each month we host a SEN play session at Chester's Den at the Football Club.

Killamarsh Play Session

First Sunday of each month we host a SEN play Session at Killamarsh Active Leisure Centre.

Level-Up

One Wednesday each month we host family board game sessions at the Board & Bean cafe in Chesterfield to socialise and relax.

Creative Connections

One Friday evening a month we host a family creative arts session that includes music, art, drama and movement activities at DCAS.



**Wishing you all a
very Merry
Christmas and a
Happy New Year
from all of the
NeuroHub team! x**



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DECEMBER RECAP

DECEMBER
2025



Throughout December we have enjoyed our final sessions for the year in our regular groups including, SEN Soft Play, Creative Connections, Level-Up, Movement to Music, as well as lots of Parent/Carer Support Groups. We would like to say a huge thank you to everyone who has come to join us at our sessions throughout 2025! We are really looking forward to continuing building these sessions in the new year!



To see more updates and photos from any of our sessions – please have a look at our social media pages!



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OTHER NEWS

DECEMBER
2025



During December we have had other wonderful events including a well-being day where parents/carers joined us for a well deserved pamper, as well as a Family Christmas Arts & Crafts session to get everyone excited for Christmas!

We are looking forward to having lots more events like these next year!



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OTHER NEWS

DECEMBER
2025



The NeuroHub office will be closed from the 19th December 2025 until the 12th January 2026 when our advisors will be back in the office ready to support!

Our regular social sessions will be running as normal during this time so please come and speak to our staff at these sessions if you need any support.

- **Buddie's Play Den - Clay Cross 27th Dec 2025 & 3rd January 2026**
9am-10am
- **Movement to Music - DCAS 3rd January 2026 11am-12pm**
- **Killamarsh Active Soft Play - Killamarsh 4th January 2026 3pm-5pm**
- **Social Drop-In Session - Chesterfield 9th January 2026 10am-12pm**



If you are in need of support over Christmas - please use the list of contacts below:

- **111:** Option 2. 24/7 Helpline
- **Papyrus:** TEXT 88247 Hopeline 24/7 0800 068 4141
- **Shout:** Text 'SHOUT' to 85258 24/7 Textline giveusashout.org
- **Kooth:** Wellbeing support online. Mon-Fri 12pm-10pm Weekends 6pm-10pm kooth.com
- **Samaritans:** 116 123. 24/7 Helpline samaritans.org
- **NSPCC:** 0808 800 5000 Helpline Mon-Fri 10am-4pm nspcc.org.uk
- **Mind:** Mental Health Support 0300 102 1234 Mon-Fri 9am-6pm (Except Bank Holidays)
- **Action for Children:** TEXT 07888 868 059 Helpline for 13-18 year olds. Check times online
- **SV2:** Supporting Victims of Sexual Violence 01773 746 115 Mon-Fri 9am-5pm (Excl. Bank Holidays)



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THE NEUROHUB IS ON FACEBOOK AND INSTAGRAM. PLEASE FIND US AT



@NEUROHUB_DERBYSHIRE



@NEUROHUB-DERBYSHIRE



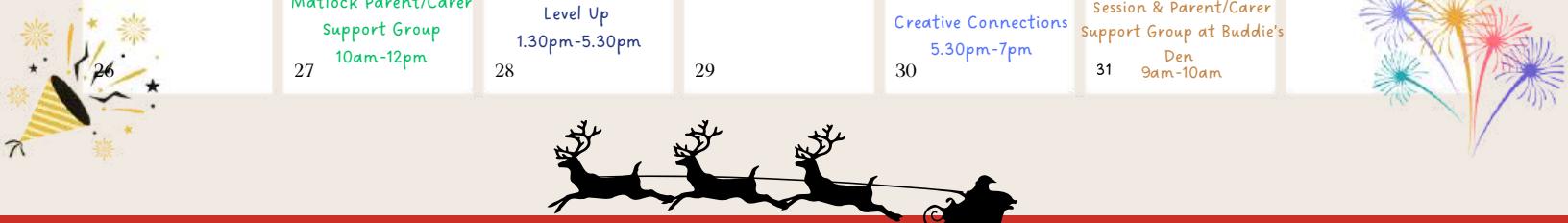
January 2025

FRI



Happy New Year

MON	TUE	WED	THU	FRI	SAT	SUN
			Bank Holiday	1	2	Clay Cross SEN Soft Play
5	6	Glapwell Parent/Carer Support Group Family Session 7 9:30am-11:30am	8	9 Social Drop-In at Fairplay 10.00am-12.00pm	10 Session & Parent/Carer Support Group at Buddie's Den 9am-10am	Killamarsh SEN Soft Play Session & Parent/Carer Support Group 3 Movement to Music 11am-12pm 4 3pm-5pm
12	Chesterfield Parent/Carer Support Group 13 10am-12pm	14	15	16	17	Chester's Den SEN Soft Play Session at Chesterfield FC 8.30am-9.30am
19	20	Dronfield Parent/Carer Support Group 1pm-3pm 21	22	23 Social Drop-In at Fairplay 10.00am-12.00pm	24 Clay Cross SEN Soft Play Session & Parent/Carer Support Group at Buddie's Den 9am-10am	25
26	Matlock Parent/Carer Support Group 10am-12pm 27	Level Up 1.30pm-5.30pm 28	29	30 Creative Connections 5.30pm-7pm	31 Clay Cross SEN Soft Play Session & Parent/Carer Support Group at Buddie's Den 9am-10am	



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REGULAR SESSIONS FOR PARENTS/CARERS

DECEMBER 2025



We have monthly parent/carer support group sessions in various areas. These are great opportunities to build a social support network with other local understanding parents/carers as well as getting support from NeuroHub staff. We also have 1:1 appointments available that you may book. Our Social Drop-In sessions on Friday mornings can also be a great time to meet others as well as get any support needed from the NeuroHub team.

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Fairplay

SOCIAL DROP-IN

Fairplay,
Alexandra Road West,
Chesterfield,
S40 1NP

Please park in Mecca Bingo's pay and display carpark

- Meet others - Parent/carers, children & young people
- Outdoor play area & activities
- Chance for social support as well as advice & guidance from the NeuroHub team
- Refreshments

For more information please contact hub enquiries on 01246 886475

Dates for 2026:
10am-12pm
January 9th & 23rd
February 6th & 20th
March 6th & 20th
April 10th & 17th
May 8th & 22nd
June 5th & 19th
July 3rd & 17th
August 7th & 21st
September 4th & 18th
October 2nd & 16th
November 6th & 20th
December 4th & 18th

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GLAPWELL PARENT/CARER SUPPORT GROUP

For parents/carers of children with additional needs (no diagnosis needed)

2026 Dates:
9:30am-11:30am:
7th Jan,
4th Feb,
4th March,
1st April,
6th May,
3rd June,
1st July,
5th Aug,
2nd Sept,
7th Oct,
4th Nov,
2nd Dec.

Glapwell Centre, The Green, Glapwell, Chesterfield S44 5LW

Children welcome (toys available!)
Advice, guidance & signposting
A safe space to get quality support
Coffee, cake & a chat!
A chance to talk to peers who understand

PLEASE CONTACT THE NEUROHUB TEAM FOR ANY FURTHER INFORMATION ON 01246 886475

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CHESTERFIELD PARENT AND CARER SUPPORT GROUP

Dates for 2026:
10am-12pm
13th January,
10th February, 10th March,
14th April, 12th May,
9th June, 14th July,
11th August, 8th September,
13th October,
10th November,
8th December

A safe space to get quality support
A chance to talk to peers who understand
Join us for coffee, cake & a chat!
Advice, guidance & signposting
For parents & carers of children with additional needs

FAIRPLAY CENTRE, ALEXANDRA ROAD WEST, CHESTERFIELD, S40 1NP
Please park in the pay & display car park in Mecca Bingo

PLEASE CONTACT THE NEUROHUB TEAM FOR ANY FURTHER INFORMATION ON 01246 886475

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DRONFIELD PARENT AND CARER SUPPORT GROUP

Dronfield Peel Centre, High Street, Dronfield, S18 1PX
(Free parking at the Civic Centre or Sainsbury's on Wakes Lane)

Dates for 2026:
21st January 6:30pm-8:30pm
25th February 1pm-3pm
18th March 6:30pm-8:30pm
22nd April 1pm-3pm
20th May 6:30pm-8:30pm
17th June 1pm-3pm

Join us for coffee, cake & a chat!
For parents & carers of children with additional needs
A chance to talk to peers who understand
A safe space to get quality advice & support
Advice, guidance & signposting
For parents & carers of children with additional needs
A chance to talk to peers who understand

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MATLOCK PARENT/CARER SUPPORT GROUP

Join us for coffee, cake & a chat!
A chance to talk to peers who understand
For parents & carers of children with additional needs
A safe space to get quality support
Advice, guidance & signposting

Dates for 2026:
All sessions are 10am - 12pm
27th January
24th February
31st March
28th April
26th May
30th June

Ostello Lounge, Derwent House, Crown Square, Matlock DE4 3AT

PLEASE CONTACT THE NEUROHUB TEAM FOR ANY FURTHER INFORMATION ON 01246 886475

REGULAR SESSIONS FOR

CHILDREN & YOUNG PEOPLE

DECEMBER
2025



Monthly sessions for children/young people to access! Siblings are always welcome to come join in the activities too. These sessions can be great chances to come get advice & guidance from NeuroHub staff whilst children play.

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CLAY CROSS
SEN SOFT PLAY SESSION & PARENT/CARER SUPPORT GROUP

A CHANCE FOR CHILDREN/YOUNG PEOPLE TO SOCIALISE & PLAY

1ST & LAST SATURDAY OF EACH MONTH! 9AM-10AM

A CHANCE TO CHAT WITH OTHER PARENT/CARERS OF CHILDREN WITH ADDITIONAL NEEDS. ADVICE, PEER SUPPORT, GUIDANCE, SIGNPOSTING. COFFEE, CAKE & CHAT. FIND OUT MORE ABOUT SERVICES FOR SUPPORT. A SAFE SPACE TO GET QUALITY SUPPORT

FAMILY SESSION! £2 PER CHILD

BUDDIE'S PLAY DEN.
BRIDGE STREET, CLAY CROSS,
S45 9PD

PLEASE CONTACT THE NEUROHUB TEAM FOR ANY FURTHER INFORMATION ON 01246 886475

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KILLAMARSH
SEN SOFT PLAY SESSION & PARENT/CARER SUPPORT GROUP

A CHANCE FOR CHILDREN/YOUNG PEOPLE TO SOCIALISE & PLAY

1ST SUNDAY OF EACH MONTH! 3PM-5PM

A CHANCE TO CHAT WITH OTHER PARENT/CARERS OF CHILDREN WITH ADDITIONAL NEEDS. ADVICE, PEER SUPPORT, GUIDANCE, SIGNPOSTING. COFFEE, CAKE & CHAT. FIND OUT MORE ABOUT SERVICES FOR SUPPORT. A SAFE SPACE TO GET QUALITY SUPPORT

FAMILY SESSION!

KILLAMARSH ACTIVE,
STANLEY STREET, KILLAMARSH,
SHEFFIELD, S21 1EL

PLEASE CONTACT THE NEUROHUB TEAM FOR ANY FURTHER INFORMATION ON 01246 886475

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CHESTERFIELD
SEN SOFT PLAY SESSION & PARENT/CARER SUPPORT GROUP

A CHANCE FOR CHILDREN/YOUNG PEOPLE TO SOCIALISE & PLAY

A CHANCE TO CHAT WITH OTHER PARENT/CARERS OF CHILDREN WITH ADDITIONAL NEEDS. ADVICE, PEER SUPPORT, GUIDANCE, SIGNPOSTING. COFFEE, CAKE & CHAT. FIND OUT MORE ABOUT SERVICES FOR SUPPORT. A SAFE SPACE TO GET QUALITY SUPPORT

FAMILY SESSION!

CHESTER'S DEN.
THE HUB SMH GROUP STADIUM, 1866 SHEFFIELD ROAD, CHESTERFIELD S44 8NZ

DATES FOR 2026:
18th JAN, 22nd FEB, 22nd MARCH, 26th APRIL, 17th MAY, 28th JUNE, 26th JULY, 23rd AUG, 20th SEPT, 25th OCT, 22nd NOV, 13th DEC

8:30AM - 9:30AM

PLEASE CONTACT THE NEUROHUB TEAM FOR ANY FURTHER INFORMATION ON 01246 886475

JOINED UP CARE Derbyshire

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MOVEMENT TO MUSIC
FUN & RELAXED DANCE SESSIONS!

£5 PER PER CHILD/ YOUNG PERSON

ALL-INCLUSIVE DANCE SESSIONS WITH SUNFLOWER DANCE FOR ALL THOSE WHO LOVE TO DANCE AGED 0-25 YEARS

Sunflower Dance
DANCE FUN FOR ALL

SIBLINGS WELCOME

1ST SATURDAY OF EACH MONTH 11AM-12PM

DCAS, SPRING BANK ROAD, CHESTERFIELD, S40 1NL

PLEASE CONTACT THE NEUROHUB TEAM FOR ANY FURTHER INFORMATION ON 01246 886475

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LEVEL UP
SEN Family Drop-in Session

Come to socialise, play board games, as well as enjoy lovely food & drinks in the cafe!

Fun for all the family!

Children/ Young People
Welcome Aged up to 25 years

Upcoming Sessions in 2026:

28th January	29th July
18th February	26th August
18th March	30th September
29th April	28th October
27th May	25th November
24th June	

1:30pm - 5:30pm

FREE!

BOARD & BEAN

Unit 1,
4 New Beetwell Street,
Chesterfield,
S40 1QR

PLEASE CONTACT THE NEUROHUB TEAM FOR ANY FURTHER INFORMATION ON 01246 886475

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CREATIVE CONNECTIONS
SEN FAMILY CREATIVE ARTS SESSIONS FOR CHILDREN/YOUNG PEOPLE AGED UP TO 25 YEARS & THEIR FAMILIES/CARERS

DCAS , SPRING BANK ROAD, CHESTERFIELD, S40 1NL

5:30PM - 7PM
2026 SESSIONS:

JANUARY 30 TH	JULY 24 TH
FEBRUARY 27 TH	AUGUST 28 TH
MARCH 27 TH	SEPTEMBER 25 TH
APRIL 24 TH	OCTOBER 23 RD
MAY 29 TH	NOVEMBER 27 TH
JUNE 26 TH	DECEMBER 18 TH

Come take part in creative activities, build confidence & meet others!
(No Diagnosis Needed)
Fun For The Whole Family!

£5 PER CHILD/YOUNG PERSON PARENTS/CARERS - FREE!

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CHRISTMAS TIPS

DECEMBER
2025



We've been talking to lots of parents/carers at our sessions for any Christmas tips or words of wisdom they would like to share - we have included a small selection here but please have a look on our social media pages to see the rest. (Thank you to everyone who shared!!)



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