



# ADHD WORKSHOP

Come join us for an  
informative and engaging  
workshop lead by Educational  
Psychologists.

## AIMS & OUTLINE:

This session aims to improve understanding of what it means to be ADHD, through an exploration of the common traits and characteristics, and by drawing on and considering the lived experiences of ADHD children and young people.

This session will also consider ways that parents can help to support the development of their ADHD children or young people.

**13**  
**May 2026**

**The Olde House**  
Loundsley Green Road,  
Chesterfield,  
Derbyshire,  
S40 4RN

**10am – 12pm**  
**FREE**

PLACES ARE LIMITED  
please book your place by either clicking the  
link below or scanning the QR code  
[Book now](#)



If you have any difficulties booking please email [neurohub@fair-play.co.uk](mailto:neurohub@fair-play.co.uk)