

Autism  
East Midlands



# Annual Review

2018 - 2019



# Introduction

from our CEO and Chair of Trustees

We have had a fantastic year celebrating 50 years since our inception. During that time we have grown from a small specialist school to an organisation that employs over 400 staff and has supported thousands of autistic people and their families.

Our services now reach down to Northamptonshire in the south and up to Rotherham in the north. You will be able to read in this report about the extensive range of services that we now offer.

Our school have had a really good year under the stewardship of our new Head Teacher Ann Stewart. We have seen the number of children increase and the quality of our provision improve. Congratulations to Ann and her Team.

We have also developed our first autism specific respite service at Ravenshead. The re-development of our former infant school site offers 3 cottages that have been finished to a very high standard and with autistic people very much in mind.

The number of university students we support has grown, as has the number of people who access our flexible day support. The latter has grown by almost a quarter. Congratulations to Matthew Orford and everyone working in the Adults Services Teams.

We have continued to develop and deliver high quality training for both our staff and over 2700 external staff on 40 different employers.

We would like to say a huge thank you all of staff for their hard work and commitment to making a difference to the lives of people of all ages on the autism spectrum.

Thank you also to all of our supporters for helping us to make that happen.

**Keith Doble**  
Chair of Trustees

**Jane Howson**  
Chief Executive  
Officer

## Our Mission

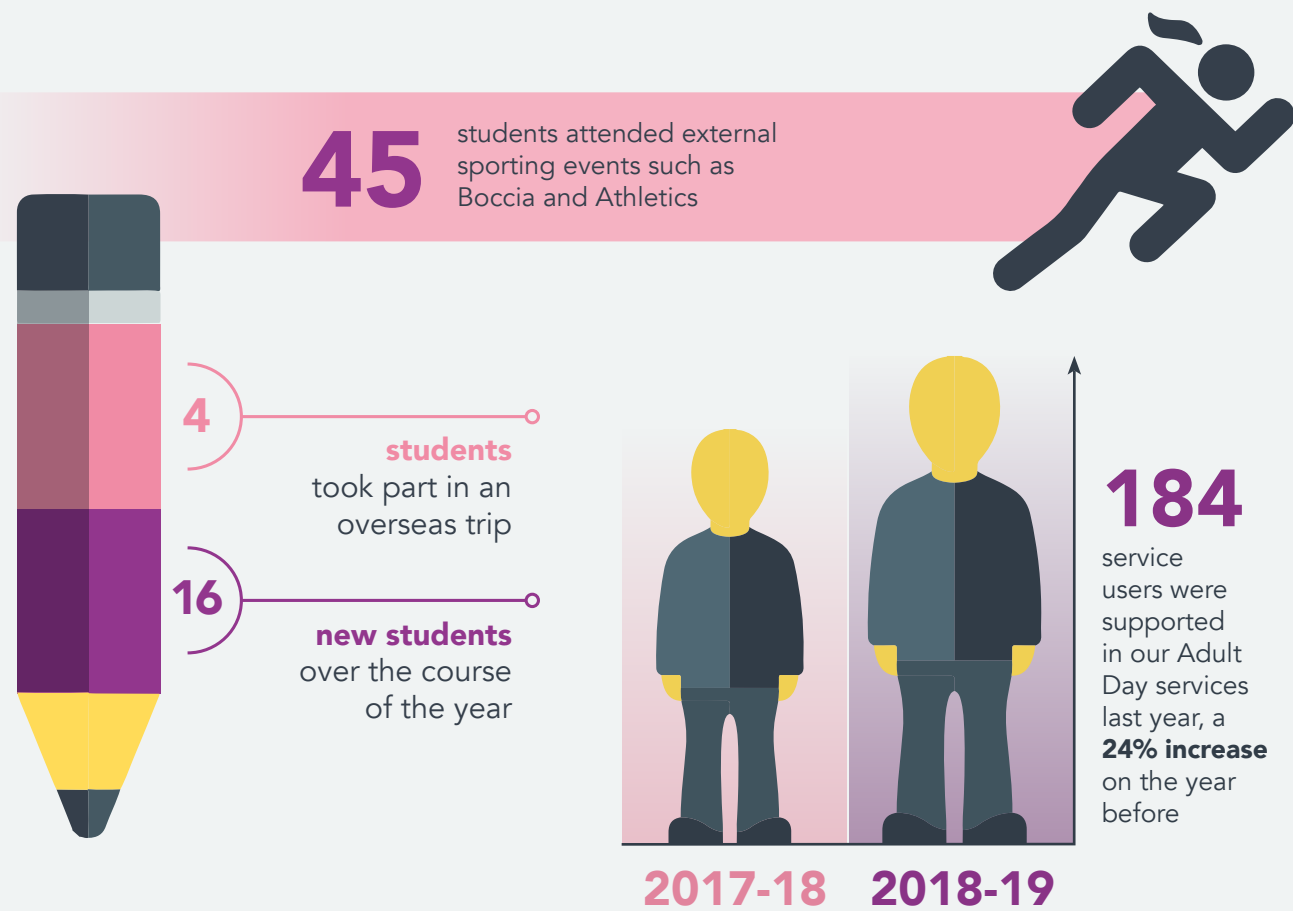
To advocate, provide and develop high-quality services, information, and support, in partnership with others, for all those whose lives are affected by autism. To recognise and respond to the needs of the individual, enabling autistic people to live their lives with dignity, choice and independence. Our well trained and passionate staff offer a wide range of services to help individuals to live their lives the way they want.

## Our Vision

A world which recognises, understands and values autistic people, and where they and their families receive the services and support they need throughout their lives.



# Our Year



**1,268**

requests being made by service users in Adult Day Services, with...

**384**

requests being made by service users in residential services.

# in Numbers





# 2018 marked 50 years of Autism East Midlands

...and there have been some changes over the past five decades:

## 1968:

We were founded by a group of parents in Nottingham who were concerned that their children were not getting a suitable education.

## 1982:

Lynton House was purchased as another School site, this increased the capacity to 30 children.

## 1994:

The Elizabeth Newson Centre, an Early Years Diagnostic Centre, was opened by Her Royal Highness, the Princess Royal.

## 1970:

saw the opening of the organisation's first school site, Sutherland House, with the admission of three pupils.

## 1987:

As students finished at School they needed specialist services as adults. The organisation's first provision in Adult Services was opened, Whitegates became a Residential Care Home for ten people in Worksop.

## 1996:

We opened an adult registered care home in Heanor following a £350,000 community care grant from Derbyshire Social Services.

## 2000:

Sutherland House School continues to grow as capacity hits 84. The School can now take students up to the age of nineteen.

## 2008:

The organisation celebrates 40 years as Norsaca as the capacity at Sutherland House School increases to 94.

## 2013:

Saw Norsaca become Autism East Midlands as the organisation rebranded.

## 2018

Autism East Midlands merges with Northamptonshire based autism charity Autism Concern, as the organisation celebrates 50 years of existence.

## 2003:

Hamilton Lodge in Nottingham opened, providing an autism-specific day service to twelve people.

## 2011:

NORSACA opened the Work and Learn Centre in Worksop (now known as the Dukeries Autism Centre).

## 2016:

The five School sites come together as they move to a premises on Bath Street, in the centre of Nottingham.



"The hub is one of the only places where you don't feel like the world is watching and judging us, everyone is accepting and doesn't bat an eyelid at his behaviour."

*Parent Comment*

## Family Support Hubs

The main focus of fundraising activity across the year was to ensure the sustainability of the charity's Family Support Hubs that operate across the region. Three year National Lottery funding finished for these hubs, so sustainability was key to ensure families who access vital support did not lose the service.

At these sessions we offer a range of activities, such as arts and crafts or gaming, which autistic young people can undertake with their families and with each other. These are carefully designed to promote social interaction and help them to develop crucial communication skills.

The sessions provide opportunities for autistic young people to meet one another and develop the skills and confidence they need to build friendships and peer support networks, both within hub sessions and elsewhere. They offer a relaxed and supportive environment in which families can enjoy quality time together, learn to understand one another better, and strengthen their relationships.

The social aspect of these sessions is critical to addressing the social isolation experienced by many families affected by autism.

## Facts & Stats

This year

107



Family Support Hubs were held

This year

46



new families accessed these Hubs

### Of those who attended our Family Support Hubs...

77%

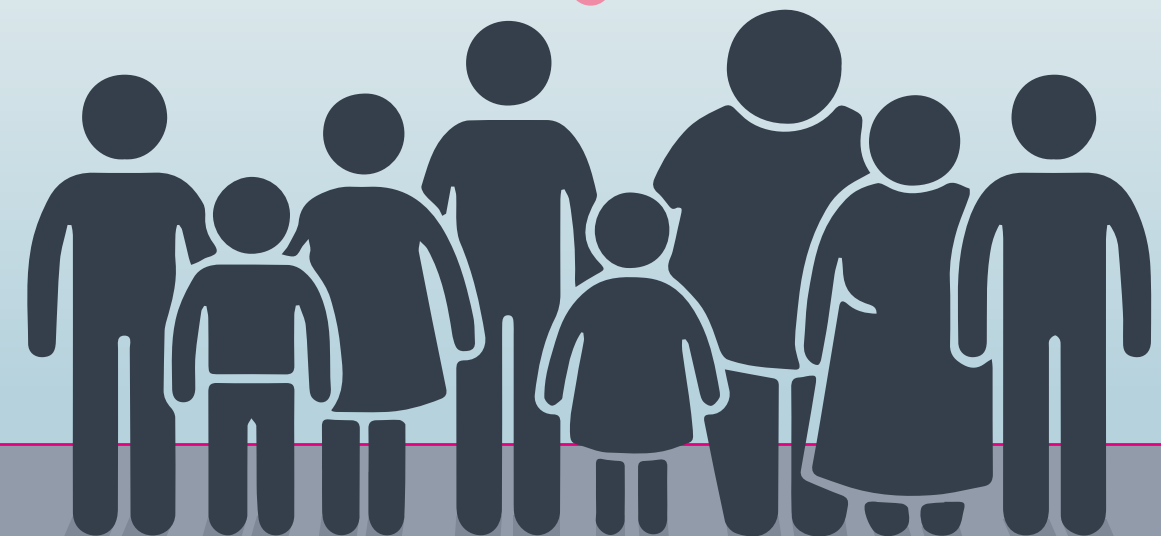
of parents and carers reported feeling more confident to attend social events in their community

80%

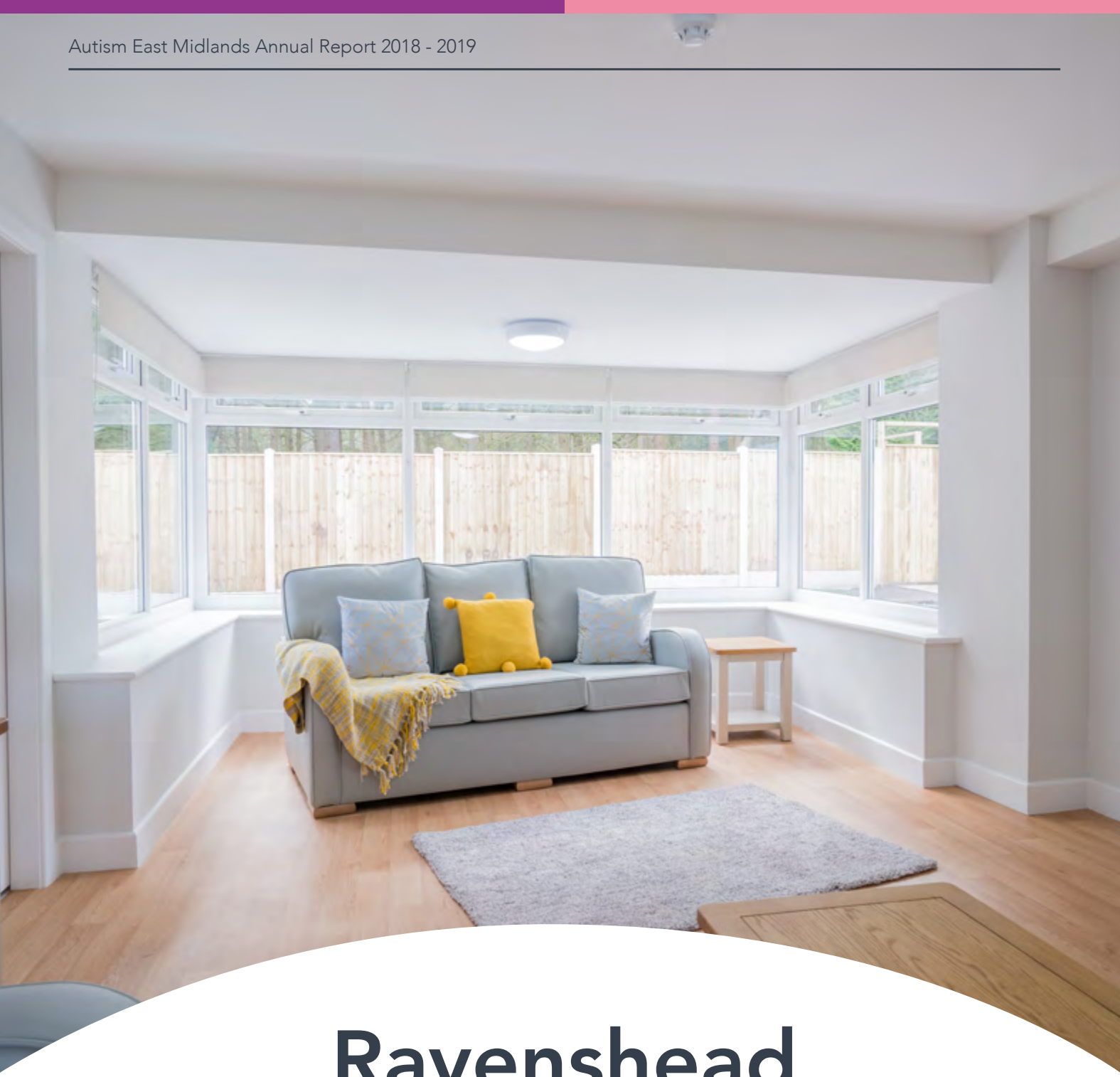
of families reported having used information given to them at their hub to access other local services

80%

of parents and carers reported an increased understanding of autism and their child's needs







# Ravenshead

## Respite Service

During 2018/19 we re-developed our infant School site at Ravenshead. All of our students are now supported at our Bath Street site in Central Nottingham.

We knew from dialogue with families that many people were struggling to get a break. We developed the School into 3 independent cottages that offer supported respite to adults on the spectrum.

The interior of each cottage has been finished to a high standard with all considerations on design made with autism in mind. Each unit has its own sensory room and the quiet, tranquil surroundings provide the perfect setting for a respite service.





# Autism East Midlands Strategic Objectives

## Quality

To ensure the continued improvement of the quality of our services by focussing on the following areas:

- Improved autism specific environments.
- Services designed to meet the varying and individual needs of autistic people.
- Ensuring a skilled workforce that are able to meet the needs of individuals and are aspirational in doing so.
- A focus on achieving the maximum levels of independence appropriate to each individual we support.

## Increasing the voice of autistic people

We will put in place systems and processes that enable service users and students not only to directly influence their own services and achieve their individual maximum levels of choice and control, but also to shape what we do as an organisation. This will involve influencing both the plans of the senior management team and the Board of Trustees.

More broadly we will work to support autistic people to have a louder voice in society as a whole.

## Evidence Based Support

We will engage in the wider 'autism community' both nationally through our work with the Autism Alliance, the Autism Education Trust and other membership bodies and internationally through conferences and developing links.

This engagement will be focussed on ensuring that we are aware of developments in best practice and evidence in supporting autistic people. Where possible we will engage in research designed to improve knowledge about autism.

## Maximum Impact

We will maximise the impact of our services by ensuring we extend the reach of the services we provide. We will raise our profile in order to ensure that people can access our services.

We will also maximise our influence and impact on mainstream services so that the wider community becomes more accessible to autistic people. We will ensure that we maximise the impact of our organisation by working together to best utilise our resources.





# Quality of Service:

## New Science Laboratory at Sutherland House School

On 18 July 2018 Sutherland House School officially opened their new Science Laboratory, allowing students a full and immersive experience into the subject of science.

Sutherland House School offer an individually tailored curriculum which addresses both academic achievement and the development of important life and social skills which can help students live independent and fulfilling lives now and for many years to come. The opening of this laboratory broadens our ability to incorporate science into students' individually tailored curriculum.

This science laboratory development will help to engage Sutherland House School's students further with science, allowing them to learn about the subject practically and give them the opportunity to achieve qualifications at Entry Level and GCSE. Autism East Midlands are extremely grateful for the support received from The Jones 1986 Charitable Trust, The Hobson Charity Limited and The Rotary Club of Sherwood Sunrises. This support will enable students who attend Sutherland House School to be inspired by Science allowing them to experience the subject in a tailored environment.





# Increasing the Voice:

## A Transition into an Environment Designed for Service Users

J needed to move from his current home set up. He didn't feel safe, secure and comfortable within his own home due to sharing his home with peers. This impacted J's daily routine, he needed structure to his day such as having control over where things go, when things happen and in what order.

A comprehensive understanding of the autistic friendly environment J would need was built; this included understanding J's sensory profile, his communication needs and his individual needs. By offering J his own flat it gave him space that he could control; J can feel comfortable in knowing that all of his possessions are where he wants them to be, that he can access all areas of his home whenever he wants to, that he can make his own drinks and enjoy his hobbies at his leisure in a low stimulus space with communication resources designed specifically for him.

Since moving into his flat J's anxieties have decreased dramatically and J is now able to share positive and meaningful time in his home with his family without feeling over stimulated. Consistency in J's environment has resulted in him forming positive relationships with his Support Workers. J now feels safe enough to access a range of activities in the community.

J's new found confidence and flexibility has not only increased his possibilities and opportunities for inclusion but it has also meant that J has been able to start accessing activities with others without feeling out of control or over stimulated; something which had become difficult in his previous home.



"Our son has been in placements with Autism East Midlands since the age of five. We consider our family very lucky to have such excellent support for him"

*Parent Comment*



"We feel that the staff provides a loving environment as close to home and family as possible. His carers not only perform their duties in an exemplary way-but are also genuinely interested in our son as an individual."

*Parent Comment*

"It would be extremely difficult to find an organisation as capable as Autism East Midlands. In the many years that our son has been in their care, my wife and I have been content in the knowledge that he is being looked after by the best."

*Parent Comment*



## Evidence Based Support in the Heritage Environment: Project Digby

Autism East Midlands co-designed and delivered Project Digby in conjunction with Leicestershire County Council. This project aimed to provide an insight to visitors into life for the Digby family in 1620.

Leicestershire County Council appointed Autism East Midlands in a consultancy role to co-design and co-deliver this trial project. The purpose was to create a flexible 'toolkit' aimed at engaging autistic children in a heritage environment. The toolkit included practical tools, activities and resources which focused on social, communication and sensory needs. The toolkit focused on flexibility and adaptability, so that Leicestershire County Council could use it across other heritage sites and within independent museums.

Project Digby ran for five weeks project launched in July 2018. The Learning & Development team led each session, and worked closely with the volunteering and heritage team to provide a safe social environment where young people could meet, explore their strengths and interests and engage in heritage.

This project provided Leicestershire County Council with a toolkit that could flexibly adapt to fit exhibitions that appear in the council's other heritage sites and independent museums. The toolkit that the Learning & Development Team established during Project Digby will help increase opportunities for autistic individuals to access the heritage sector in Leicestershire, providing further awareness, activities and an autism friendly environment for individuals to thrive in.



**"The legacy of the project has been far-reaching and has improved everyday working practices."**

*Cllr Richard Blunt,  
Leicestershire County Council Cabinet  
member for Heritage, Leisure & Arts.*



autism friendly  
environmental audits  
were undertaken



74



external autism training sessions were delivered



# Maximum Impact: Accessing Public Transport

When B first joined the Rotherham Autism Hub he experienced high levels of anxiety surrounding the use of public travel, B struggled with queuing and waiting, and being surrounded by lots of people talking at each other, there was a clear sensory overload and little control to the organisation and routine of this activity.

The team began to introduce coping strategies to help support B through potential barriers. The team began by ensuring B had a purpose to his travel so he could understand the end goal of his journey. Together B and staff prepared his journeys and wrote them down to prevent a build up of anxiety. Bus travel apps were a great tool to use in the travel planning to and from an activity.

Patience, persistence and communication is key – B never gave in. Staff shared positive praise and encouragement at every known potential

hurdle / barrier, letting B know that 'it's okay' if he was feeling overwhelmed as each day he made an achievement, which not only increased his confidence but empowered the team to continue pushing B to reach his goals. Clear step by step support plans were created with B to ensure consistency across the staff team – this enabled B to become familiar with short journeys and slowly increase his confidence around use of Public travel at his own pace. Staff supporting B would take his written timetable out on session, as a visual aid, should he feel unsure or need reassurance and redirection.

B is now engaged in conversation around fun facts about the activity / destination he is travelling to on public transport, which is a key indicator that B is increasing his confidence and independence.



"I was reading his home assessment yesterday and I couldn't believe it was the same person I now support, he loves being out and about and is hardly ever in the hub, he accesses the train to Leeds and he even enjoys a 1 hour and 15 minute bus ride to Barnsley for the day. He's maintained a friendship which is parents never thought they would see. He's also gained confidence to verbally tell staff he's had enough instead of expressing this through behaviours as he did in the past, he's just making such great progress, his days are so busy!"

*A member of staff at the Rotherham Autism Hub*



# Fundraising Report

We would like to say a huge thank you to everyone who has supported us across this year. We have had some fantastic supporters take on some rather incredible challenges.

We have seen people take on muddy challenges, Swim the Channel and run marathons. There have also been clever and unique fundraising ideas such as creating 1,000 art prints which were sold to raise funds for us.

Autism East Midlands are determined to meet the highest fundraising standards, as we recognise that this is essential to maintaining the trust and support of our valued fundraisers.

Although we only have a small team that organise community events to raise awareness of autism and the charity, we are committed to ensuring

we meet the standards set out by the Code of Fundraising Practice issued by the Fundraising Regulator, and therefore Autism East Midlands is registered with the Regulator.

We maintain up to date policies for Fundraising Code of Conduct, Compliments and Complaints and Whistleblowing, and we ensure that all the team understand and comply with our policies. We have also ensured that our privacy policy is up to date and compliant with the latest data protection legislation, ensuring that this is accessible to all on our website.

In the period under review in this report, we did not receive any complaints about fundraising activities and remained compliant throughout the financial year with the requirements set out by the Code of Fundraising Practice.





# Trustees Report

## For the Year Ended 31 March 2019

Reference and Administrative Details of the Company, its Trustees and Advisers For the Year Ended 31 March 2019

### Trustees

N B Chamberlain  
L Davies  
P Dixon  
K R Doble  
G J Smith  
T Ousley  
R J C Woodford  
M James (resigned 20 June 2019)  
E Marder (resigned 23 February 2019)  
C K Holt (resigned 6 March 2019)

**Company registered number:** 02053860

**Charity registered number:** 517954

**Registered office:** Unit 31 Craggs Industrial Estate  
Morven Street, Creswell, Worksop, Nottinghamshire,  
S80 4AJ

**Chief executive officer:** Jane Howson

**Independent auditors:** Smith Cooper Audit Limited,  
2 Lace Market Square, Nottingham, NG1 1PB

**Bankers:** Lloyds Bank Plc, 4 Romulus Court, Leicester,  
LE19 1WL

### Trustees' Report For the Year Ended 31 March 2019

The Trustees present their annual report together with the audited financial statements of the group and the company for the year 1 April 2018 to 31 March 2019. The Trustees confirm that the Annual Report and financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) as amended by Update Bulletin 1 (effective 1 January 2015).

### OBJECTIVES AND ACTIVITIES

#### Policies and objectives

The charity exists to offer support and serve people with an autistic-spectrum disorder and their families and carers in the East Midlands and respond to changes in government policy and campaigns within the charities strategic objectives.

#### Activities for achieving objectives

In developing its objectives and planning its services, the Trustees have considered the Charity Commission's guidance on public benefit. By working closely with local authorities, the group aims to tailor services to meet areas of need otherwise not provided.

Autism East Midlands recognises that service users and students are people with an autistic-spectrum disorder, each with their own character and with their own specific and personal needs. It further recognises that the families and carers involved also have needs to be taken into account. These needs are seen as positive contributions to the variety of richness of relationships within the charity and its service users. In shaping and reviewing services, Autism East Midlands considers how service users' individuality, whether expressed by gender, age, marital status, disability, sexual orientation, race, religious belief, colour, political conviction, ethnic or national origin can be affirmed in the delivery of services they require.

#### Investment policy and performance

The Memorandum and Articles of Association give the Trustees unrestricted powers of investment. The charity's current investment strategy is to deposit funds in short and medium term interest bearing accounts with UK banks.

#### Factors relevant to achieve objectives

Autism East Midlands aims to increase its support for people whose lives are affected by autism, whether this is for carers or people receiving direct support. We continue to engage with local employers and companies by providing training and awareness of autism to their staff. Many commit to engaging with the autistic community by signing the 'Autism Charter' by formally agreeing to make their premises more autism-friendly.

# Trustees Responsibilities Statement

The Trustees (who are also directors of Autism East Midlands for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable group will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company and the group's transactions and disclose with reasonable accuracy at any time the financial position of the charitable group and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.





# Financial Review

For the Year Ended 31 March 2019

## a. Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

## b. Financial risk management objectives and policies

Autism East Midlands has sought to manage its financial risks through regular monitoring of its income streams and also seeking a wide range of savings.

## c. Principal risks and uncertainties

It is clear that the pressure on Local Authority budgets will continue to impact on Autism East Midlands, with most of its funding coming from the public sector. This is likely to result in further pressure to reduce the charges for services and the changes in the tender process being taken up by a number of authorities. In addition, the criteria for Local Authority funding for people with autism is expected to tighten, with less people being provided with support in the future. The costs will continue to be reviewed in response to changes to income streams.

These annual accounts show the pension deficit as a result of participation in the Local Government Pension Scheme. This is a £10.7m deficit as at 31 March 2019 following an estimated actuarial revaluation. The scheme was closed to new participants from April 2013, to limit the future liability. The way the scheme is funded changed with effect from April 2014, and Autism East Midlands is now paying £185k per annum to contribute towards reducing the deficit. We await the result of the full actuarial valuation undertaken at 31 March 2019.

## d. Surplus

A surplus of £376,999 (2018: £646,045 as restated) has been achieved in the year. This includes a reduction in restricted funds of £126,320 (2018: £47,221 increase).

## e. Principal funding

The charity derives the majority of its income from the provision of services, together with grants and donations received for particular projects.

Autism East Midlands receives over 90% of its funding from government funded bodies. This includes Local Authorities, Health Authorities and the Education Funding Agency.

## f. Material investments policy

The Memorandum and Articles of Association give the Trustees unrestricted powers of investment. The charity's current investment strategy is to deposit funds in short and medium term interest bearing accounts with UK banks.





## Consolidated Statement of Financial Activities incorporating Income and Expenditure Account For the Year Ended 31 March 2019

		Unrestricted Funds 2019	Restricted Funds 2019	Total Funds 2019	Total Funds 2018 restated
	Note	£	£	£	£
<b>INCOME FROM:</b>					
Donations and legacies	2	118,847	77,447	196,294	307,286
Charitable activities	5	2,522,239		2,522,239	2,642,589
Charitable activities - subsidiary undertakings	3	8,695,024		8,695,024	8,363,390
Investments	4	455		455	122
Other Income	6	115,680		115,680	77,451
<b>TOTAL INCOME</b>		<b>11,452,245</b>	<b>77,447</b>	<b>11,529,692</b>	<b>11,390,838</b>
<b>EXPENDITURE ON:</b>					
Charitable activities - subsidiary undertakings	3	7,957,613		7,957,613	7,829,667
Charitable activities	7	3,402,225	149,855	3,552,080	3,348,126
<b>TOTAL EXPENDITURE</b>		<b>11,359,838</b>	<b>149,855</b>	<b>11,509,693</b>	<b>11,177,793</b>
<b>NET INCOME /(EXPENDITURE) BEFORE TRANSFERS</b>		<b>92,407</b>	<b>(72,408)</b>	<b>19,999</b>	<b>213,045</b>
Transfers between Funds	21	53,912	(53,912)		
<b>NET INCOME / (EXPENDITURE) BEFORE OTHER RECOGNISED GAINS AND LOSSES</b>		<b>146,319</b>	<b>(126,320)</b>	<b>19,999</b>	<b>213,045</b>
Actuarial gains on defined benefit pension schemes	26	357,000		357,000	433,000
<b>NET MOVEMENT IN FUNDS</b>		<b>503,319</b>	<b>(126,320)</b>	<b>376,999</b>	<b>646,045</b>
<b>RECONCILIATION OF FUNDS:</b>					
Total funds brought forward		(4,712,291)	171,596	(4,540,695)	(5,270,095)
Prior year adjustment (Note 29)		(83,355)		(83,355)	
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>4,292,327</b>	<b>45,276</b>	<b>4,247,051</b>	<b>4,624,050</b>

## Consolidated Balance Sheet As at 31 March 2019

			2019		2018
	Note	£	£	£	£ As restated
<b>FIXED ASSETS</b>					
Tangible assets	14		5,792,648		5,067,526
<b>CURRENT ASSETS</b>					
Debtors	17	844,753		761,139	
Cash at bank and in hand		2,832,249		3,574,470	
		3,677,002		4,335,609	
<b>Creditors:</b> amounts falling due within one year	18	<b>(1,350,162)</b>		<b>(1,360,214)</b>	
<b>NET CURRENT ASSETS</b>			<b>2,326,840</b>		<b>2,975,395</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<b>8,119,488</b>		<b>8,042,921</b>
<b>Creditors:</b> amounts falling due after more than one year	19		(1,680,519)		(1,800,114)
Provisions for Liabilities	20		(6,020)		(130,857)
<b>NET ASSETS EXCLUDING PENSION SCHEME LIABILITIES</b>			<b>6,432,949</b>		<b>6,111,950</b>
Defined benefit pension scheme liability	26		(10,680,000)		(10,736,000)
<b>NET LIABILITIES INCLUDING PENSION SCHEME LIABILITIES</b>			<b>(4,247,051)</b>		<b>(4,624,050)</b>
<b>CHARITY FUNDS</b>					
Restricted funds	21		45,276		171,596
Unrestricted funds:					
Unrestricted funds excluding pension liability		6,387,673		5,940,354	
Pension reserve		(10,680,000)		(10,736,000)	
Total unrestricted funds			(4,292,327)		(4,795,646)
<b>TOTAL DEFICIT</b>			<b>(4,247,051)</b>		<b>(4,624,050)</b>

The financial statements were approved and authorised for issue by the Trustees on and signed on their behalf, by:

**K R Doble, Chair**



## Company Balance Sheet

### As at 31 March 2019

			2019		2018
	Note	£	£	£	£ As restated
<b>FIXED ASSETS</b>					
Tangible assets	14		5,792,648		5,067,526
Investments	15		6		6
			5,792,654		5,067,532
<b>CURRENT ASSETS</b>					
Debtors	17	2,739,608		3,369,543	
Cash at bank		707,895		772,687	
		3,447,503		4,142,230	
<b>Creditors:</b> amounts falling due within one year	18	<b>(1,120,718)</b>		<b>(1,166,889)</b>	
<b>NET CURRENT ASSETS</b>			<b>2,326,785</b>		<b>2,975,341</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<b>8,119,439</b>		<b>8,042,873</b>
<b>Creditors:</b> amounts falling due after more than one year	19		(1,680,519)		(1,800,114)
Provisions for Liabilities	20		(6,020)		(130,857)
<b>NET ASSETS EXCLUDING PENSION SCHEME LIABILITIES</b>			<b>6,432,900</b>		<b>6,111,902</b>
Defined benefit pension scheme liability	26		(10,680,000)		(10,736,000)
<b>NET LIABILITIES INCLUDING PENSION SCHEME LIABILITIES</b>			<b>(4,247,100)</b>		<b>(4,624,098)</b>
<b>CHARITY FUNDS</b>					
Restricted funds			45,276		171,596
Unrestricted funds:					
Unrestricted funds excluding pension liability		6,387,624		5,940,306	
Pension reserve		(10,680,000)		(10,736,000)	
Total unrestricted funds			(4,292,376)		(4,795,694)
<b>TOTAL DEFICIT</b>			<b>(4,247,100)</b>		<b>(4,624,098)</b>

The financial statements were approved and authorised for issue by the Trustees on and signed on their behalf, by:

**K R Doble, Chair**

## Consolidated Statement of Cash Flows

### For the Year Ended 31 March 2019

		2019	2018
	Note	£	£
<b>Cash flows from operating activities</b>			
Net cash provided by operating activities	23	235,145	996,662
<b>CASH FLOWS FROM INVESTING ACTIVITIES:</b>			
Dividends, interest and rents from investments			(48,858)
Proceeds from the sale of tangible fixed assets		100,300	
Purchase of tangible fixed assets		(1,077,666)	(231,083)
<b>NET CASH USED IN INVESTING ACTIVITIES</b>		<b>(977,366)</b>	<b>(279,941)</b>
<b>CHANGE IN CASH AND CASH EQUIVALENTS IN THE YEAR</b>		<b>(742,221)</b>	<b>716,721</b>
Cash and cash equivalents brought forward		<b>3,574,470</b>	<b>2,857,749</b>
<b>CASH AND CASH EQUIVALENTS CARRIED FORWARD</b>	24	2,832,249	3,574,470



# Notes to the Financial Statements

## For the Year Ended 31 March 2019

### 1. ACCOUNTING POLICIES

#### 1.1 Basis of preparation of financial statements

Autism East Midlands is a private company limited by guarantee and incorporated in England within the United Kingdom. The address of the registered office is given in the company information of these financial statements. The company's registration number is 2053860. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. Autism East Midlands meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in sterling, which is the functional currency of the company.

The significant accounting policies have been applied in the preparation of these financial statements are set out below.

#### 1.2 Basis of consolidation

The financial statements consolidate the accounts of Autism East Midlands and all of its subsidiary undertakings ('subsidiaries').

The company has taken advantage of the exemption contained within section 408 of the Companies Act 2006 not to present its own Income and Expenditure Account.

For the year ended 31 March 2019 the company generated a surplus of £19,999 (2018: £213,045 as restated).

#### 1.3 Company status

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

#### 1.4 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

#### 1.5 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the company

has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the company of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the Trustees' Report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the company which is the amount the company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Other income is recognised in the period in which it is receivable and to the extent the goods have been provided or on completion of the service.

#### 1.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

#### 1.7 Expenditure

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

Costs of generating funds are costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Charitable activities and Governance costs are costs incurred on the company's educational operations, including support costs and costs relating to the governance of the company apportioned to charitable activities. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. Expenditure is categorised under the following headings:

- Costs of raising funds
- Expenditure on charitable activities; and
- Other expenditure represents those items not falling into the categories above.

Irrecoverable VAT is charged as a cost against the activity for which expenditure arose. Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs, administrative and payroll costs. They are incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters. Where support costs cannot be directly attributed to particular headings they have been allocated to the costs of raising funds and expenditure on charitable activities on a basis consistent with use of the resources.

#### 1.8 Tangible fixed assets and depreciation

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold property	-	2% Straight Line
Freehold refurbishment	-	5%-33% Straight Line
Vehicles & equipment	-	25%-35% Straight Line
Leasehold improvements	-	Over the shorter of the period of the lease or the useful economic life

Costs of repairs and maintenance to property together with the expenditure incurred bringing the buildings up to fire safety regulation are written off in the period to which expenditure is incurred.

The charity continually replaces and updates existing equipment. The majority of this expenditure is on small items costing less than £1,000 and no detailed register of these is kept. All items costing under £1,000 are written off to repairs and maintenance in the period in which the expenditure is incurred.

#### 1.9 Investments

Investments in subsidiaries are valued at cost less provision for impairment.

#### 1.10 Operating leases

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

#### 1.11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1993 to the extent that these are applied to its charitable objects.

#### 1.12 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### 1.13 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

#### 1.14 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

#### 1.15 Government grants

Grants are included in the Statement of Financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet. Where income is received in advance of meeting any performance-related conditions there is not unconditional entitlement to the income and its recognition is deferred and included in creditors as deferred income until the performance-related conditions are met. Where entitlement occurs before income is received, the income is accrued.

#### 1.16 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

#### 1.17 Pensions

Retirement benefits to some employees of the Trust are provided by the Local Government Pension Scheme (LGPS). The company is an admitted body of the LGPS, admitted by Nottinghamshire County Council.

The LGPS is a defined benefit funded scheme and the assets are held separately from those of the Company in separate trustee administered funds. Pension scheme assets are measured at fair value and liabilities are measured on an actuarial basis using the projected unit method and discounted at a rate equivalent to the current rate of return on a high-quality corporate bond of equivalent term and currency to the liabilities. The actuarial valuations are obtained at least triennially and are updated at each balance sheet date. The amounts charged to operating surplus are the current service costs and gains and losses on the settlements and curtailments. They are included as part of staff costs. Past service costs are recognised immediately in the Statement of Financial Activities if the benefits have vested. If the benefits have not vested immediately, the costs are recognised over the period vesting occurs. The expected return on assets and the interest cost are shown as a net finance amount of other finance costs or credits adjacent to interest. Actuarial gains and losses are recognised immediately in other gains and losses.

The pension charge for the defined benefit pension scheme is based on a full actuarial valuation dated 31 March 2019.

#### 1.18 Irrecoverable VAT

The charity is registered for VAT, however due to the mixed nature of the supplies it makes, it has/ irrecoverable VAT arising due to partial exemption which is included in resources expended.

#### 1.19 Provisions

Provisions are recognised when the Group has a present obligation that arises as a consequence of a past event; it is probable that an outflow of resources will be required to settle that obligation and the obligation can be reliably estimated. The provisions are measured as the estimated expenditure that will be required to settle such obligations as at the statement of financial position date. Discounting to present value is employed in the estimation process when the effect of the time value of money is material.



**2. INCOME FROM DONATIONS AND LEGACIES**

	Unrestricted funds 2019	Restricted funds 2019	Total funds 2019	Total funds 2018
	£	£	£	£
<b>Donations</b>	118,847	77,447	196,294	210,568
Transfer from Autism Concern				96,718
Total donations and legacies	118,847	77,447	196,294	307,286
<i>Total 2018</i>	160,401	146,885	307,286	

**3. CHARITABLE ACTIVITIES - INCOME FROM SUBSIDIARY UNDERTAKINGS**

The wholly owned subsidiaries, Norsaca (Trading) Limited and Sutherland House (Trading) Limited, are incorporated in the UK and pay all of their taxable profits to the charity by gift aid. Sutherland House (Trading) Limited provides education services for children with autism or a related condition. Norsaca (Trading)

Limited provides residential and day care services for adults with autism or a related condition. The charity owns 100% of the ordinary share capital of the subsidiary companies. A summary of the results pre distribution to the charity is shown below. The amount of gift aid from Sutherland House (Trading) Limited was £158,957 (2018 - £266,395). The amount of gift aid from Norsaca (Trading) Limited was £578,454 (2018 - £267,328).

	Unrestricted funds 2019	Restricted funds 2019	Total funds 2019	Total funds 2018
	£	£	£	£
<b>INCOME</b>				
Sutherland House (Trading)				
Limited - income	3,098,810		3,098,810	3,164,895
Norsaca (Trading) Limited - income	5,596,214		5,596,214	8,363,390
	8,695,024		8,695,024	5,198,495
<b>EXPENSES</b>				
Sutherland House (Trading)				
Limited - income	2,939,853		2,939,853	2,898,500
Norsaca (Trading) Limited - expenses	5,017,760		5,017,760	4,931,167
	7,957,613		7,957,613	7,829,667
<b>Net income from subsidiary undertakings</b>	<b>737,411</b>		<b>737,411</b>	533,723

	2019 £	2018 £
<b>CURRENT ASSETS OF THE SUBSIDIARIES WERE:</b>		
Sutherland House (Trading) Limited	1,710,344	2,593,912
Norsaca (Trading) Limited	1,015,092	671,848
<b>CURRENT LIABILITIES OF THE SUBSIDIARIES WERE:</b>		
Sutherland House (Trading) Limited	(1,710,293)	(2,593,861)
Norsaca (Trading) Limited	(1,015,089)	(671,845)
<b>Total</b>	<b>54</b>	54

**4. INVESTMENT INCOME**

	Unrestricted funds 2019	Restricted funds 2019	Total funds 2019	Total funds 2018
	£	£	£	£
Bank interest	455		455	122
<i>Total 2018</i>	122		122	

**5. INCOME FROM CHARITABLE ACTIVITIES**

	Unrestricted funds 2019	Restricted funds 2019	Total funds 2019	Total funds 2018
	£	£	£	£
Provision of services	2,522,239		2,522,239	2,642,589
<i>Total 2018 restated</i>	2,642,589		2,642,589	

**6. OTHER INCOMING RESOURCES**

	Unrestricted funds 2019	Restricted funds 2019	Total funds 2019	Total funds 2018
	£	£	£	£
Other income	115,680		115,680	77,451
<i>Total 2018</i>	77,451		77,451	

**7. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES****Summary by fund type**

	Unrestricted funds 2019	Restricted funds 2019	Total funds 2019	Total funds 2018
	£	£	£	£
Provision of services	3,289,299	149,855	3,439,154	3,274,899
Fundraising	112,926		112,926	73,227
	3,402,225	149,855	3,552,080	3,348,126
<i>Total 2018</i>	3,322,451	25,675	3,348,126	

**7. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES (continued)****Summary by expenditure type**

	Staff costs 2019	Depreciation 2019	Other costs 2019	Total 2019	Total 2018
	£	£	£	£	£
Provision of services	8,210,388	331,606	(5,102,840)	3,439,154	3,274,899
Fundraising	96,870		16,056	112,926	73,227
	8,307,258	331,606	(5,086,784)	3,552,080	3,348,126



**8. CHARITABLE ACTIVITY EXPENDITURE**

	Provision of services	Fundraising	Total 2019	Total 2018
	£	£	£	£
Pension income (interest and admin charges)	277,000		277,000	303,000
Recruitment and training	53,863		53,863	49,799
Premises and equipment	506,323		506,323	628,239
Direct costs	1,078,741	16,056	1,094,797	961,463
Travel and transport	335,909		335,909	295,300
Legal and professional	160,318		160,318	105,349
Other costs	420,249		420,249	425,911
Bank loans and overdraft	72,493		72,493	48,980
Bad debt	48,513		48,513	1,357
Costs recharged to subsidiaries	(7,996,960)		(7,996,960)	(7,844,007)
(Profit)/loss on disposal of fixed assets	(79,362)		(79,362)	
Governance costs	20,073		20,073	21,376
Wages and salaries	7,008,404	85,782	7,094,186	6,831,884
National insurance	532,163	7,672	539,835	507,816
Pension cost	669,821	3,416	673,237	723,503
Depreciation	331,606		331,606	288,156
	3,439,154	112,926	3,552,080	3,348,126
Total 2018	3,274,899	73,227	3,348,126	

Support costs have not been separately allocated and disclosed as the Directors believe they are immaterial to the financial statements.

**9. ANALYSIS OF GOVERNANCE COSTS**

	2019	2018
	£	£
Legal and professional fees	20,073	21,376

**10. NET INCOME/(EXPENDITURE)**

This is stated after charging/(crediting):

	2019	2018
	£	£
Depreciation of tangible fixed assets:		
- owned by the charitable group	331,608	288,154
(Profit)/loss on disposal of assets	(79,362)	
Operating lease rentals	145,329	221,836

During the year, no Trustees received any remuneration (2018 - £NIL).

During the year, no Trustees received any benefits in kind (2018 - £NIL).

1 Trustee received reimbursement of expenses amounting to £351 in the current year, (2018 - 1 Trustee - £548).

**11. AUDITORS' REMUNERATION**

	2019	2018
	£	£
Fees payable to the company's auditor and its associates for the audit of the company's annual accounts	15,770	15,500
Fees payable to the company's auditor and its associates in respect of:		
Taxation compliance services	980	750

**12. STAFF COSTS**

Staff costs were as follows:

	2019	2018
	£	£
Wages and salaries	7,094,186	6,831,884
Social security costs	539,835	507,816
Other pension costs (Note 26)	673,237	723,503
	8,307,258	8,063,203

The average number of persons employed by the company during the year was as follows:

	2019	2018
	No.	No.
Teaching staff	90	82
Care staff	296	286
Management and administration	45	43
	431	411

The number of higher paid employees was:

	2019	2018
	No.	No.
In the band £60,001 - £70,000	2	0
In the band £80,001 - £90,000	0	1
In the band £90,001 - £100,000	0	1
In the band £100,001 - £200,000	1	0

**13. OTHER FINANCE INCOME**

	2019	2018
	£	£
Interest on pension scheme liabilities	(270,000)	(296,000)



14. TANGIBLE FIXED ASSETS

	Freehold property	Vehicles & equipment	Leasehold improvements	Total
Group	£	£	£	£
Cost				
At 1 April 2018	6,416,030	474,882	257,448	7,148,360
Additions	921,658	156,008		1,077,666
Disposals	(40,674)			(40,674)
At 31 March 2019	7,297,014	630,890	257,448	8,185,352
DEPRECIATION				
At 1 April 2018	1,501,887	341,711	237,236	2,080,834
Charge for the year	257,724	53,672	20,212	331,608
On disposals	(19,738)			(19,738)
At 31 March 2019	1,739,873	395,383	257,448	2,392,704
Net book value				
At 31 March 2019	5,557,141	235,507		5,792,648
At 31 March 2018	4,914,143	133,171	20,212	5,067,526

14. TANGIBLE FIXED ASSETS

	Freehold property	Vehicles & equipment	Leasehold improvements	Total
Group	£	£	£	£
Cost				
At 1 April 2018	6,416,030	474,882	257,448	7,148,360
Additions	921,658	156,008		1,077,666
Disposals	(40,674)			(40,674)
At 31 March 2019	7,297,014	630,890	257,448	8,185,352
DEPRECIATION				
At 1 April 2018	1,501,887	341,711	237,236	2,080,834
Charge for the year	257,724	53,672	20,212	331,608
On disposals	(19,738)			(19,738)
At 31 March 2019	1,739,873	395,383	257,448	2,392,704
Net book value				
At 31 March 2019	5,557,141	235,507		5,792,648
At 31 March 2018	4,914,143	133,171	20,212	5,067,526

15. FIXED ASSET INVESTMENTS

	Shares in group undertakings
Company	£
Cost	
At 1 April 2018 and 31 March 2019	6

16. PRINCIPAL SUBSIDIARIES

NORSACA (TRADING) LIMITED	
Subsidiary name	Norsaca (Trading) Limited
Company registration number	08056114
Basis of control	Equity - share capital
Equity shareholding %	100%
Total assets as at 31 March 2019	£1,015,092
Total liabilities as at 31 March 2019	£(1,015,089)
Total equity as at 31 March 2019	£3
Turnover for the year ended 31 March 2019	£5,596,214
Expenditure for the year ended 31 March 2019	£(5,017,760)
Profit for the year ended 31 March 2019	£578,454

16. PRINCIPAL SUBSIDIARIES

SUTHERLAND HOUSE (TRADING) LIMITED	
Subsidiary name	Sutherland House (Trading) Limited
Company registration number	03381476
Basis of control	Equity - share capital
Equity shareholding %	100%
Total assets as at 31 March 2019	£1,710,344
Total liabilities as at 31 March 2019	£ (1,710,293)
Total equity as at 31 March 2019	£51
Turnover for the year ended 31 March 2019	£3,098,810
Expenditure for the year ended 31 March 2019	£(2,939,853)
Profit for the year ended 31 March 2019	£158,957



17. DEBTORS

		Group		Company
	2019	2018	2019	2018
	£	£	£	£
Trade debtors	677,153	598,326	140,811	150,542
Amounts owed by group undertakings			2,495,938	3,072,381
Other debtors	14,049	9,468	14,049	9,468
Prepayments and accrued income	153,551	153,345	88,810	137,152
	844,753	761,139	2,739,608	3,369,543

18. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

		Group		Company
	2019	2018	2019	2018
	£	£	£	£
Bank loans and overdrafts	122,186	121,526	122,186	121,526
Trade creditors	122,458	141,427	122,458	141,427
Other taxation and social security	475,807	490,519	475,807	490,519
Other creditors	345,700	215,629	124,642	91,957
Accruals and deferred income	284,011	391,113	275,625	321,460
	1,350,162	1,360,214	1,120,718	1,166,889

		Group		Company
	2019	2018	2019	2018
	£	£	£	£
DEFERRED INCOME				
Deferred income brought forward	21,025	54,244	21,025	54,244
Resources deferred during the year	1,083	21,025	1,083	21,025
Amounts released from previous years	(21,025)	(54,244)	(21,025)	(54,244)
Deferred income carried forward	1,083	21,025	1,083	21,025

19. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

		Group		Company
	2019	2018	2019	2018
	£	£	£	£
Bank loans	1,680,519	1,800,114	1,680,519	1,800,114

Included within the above are amounts falling due as follows:

		Group		Company
	2019	2018	2019	2018
	£	£	£	£
Between one and two years				
Bank loans Between two and five years	127,142	125,003	127,142	125,003
Bank loans Between two and five years	418,683	398,554	418,683	398,554
Bank loans	1,134,694	1,276,557	1,134,694	1,276,557

Creditors include amounts not wholly repayable within 5 years as follows:

		Group		Company
	2019	2018	2019	2018
	£	£	£	£
Repayable by instalments	1,134,694	1,276,557	1,134,694	1,276,557

Bank loans and mortgages are secured on the charity’s freehold properties. The total amount of security given at 31 March 2019 was £3,296,912, which represents 59% of the value of the freehold property assets charged/mortgaged (2018 - £3,048,060 and 61%). The interest rates of the loans are 6.28% and 2.5% and repayments are repayable at £11,207 and £3,701 per month.



20. PROVISIONS

	Holiday provision	Onerous lease provision
Group	£	£
At 1 April 2018	3,160	127,697
Additions	6,020	
Amounts used		(116,295)
Amounts reversed	(3,160)	(11,402)
At 31 March 2019	6,020	

Holiday provision

This provision relates to amounts owed to employees for the holiday entitlement not taken before the year end.

Onerous lease provision

This provision relates to the net present value of amounts payable under a lease agreement following early termination of the lease.

	Holiday provision	Onerous lease provision
Company	£	£
At 1 April 2018	3,160	127,697
Additions	6,020	
Amounts used		(116,295)
Amounts reversed	(3,160)	(11,402)
At 31 March 2019	6,020	

21. STATEMENT OF FUNDS

Statement of funds - current year

	Balance at 1 April 2018 as restated	Income	Expenditure	Transfers in/out	Gains/ (Losses)	Balance at 31 March 2019
	£	£	£	£	£	£
<b>DESIGNATED FUNDS</b>						
Designated Funds	421,374					421,374
<b>GENERAL FUNDS</b>						
General Fund	5,518,932	2,773,247	(3,091,621)	765,693		5,966,251
Reserves - subsidiaries	48	8,678,998	(7,967,217)	(711,781)	48	48
Pension reserve	(10,736,000)		(301,000)		357,000	(10,680,000)
	(5,217,020)	11,452,245	(11,359,838)	53,912	357,000	(4,713,701)
Total Unrestricted funds	(4,795,646)	11,452,245	(11,359,838)	53,912	357,000	(4,292,327)
<b>RESTRICTED FUNDS</b>						
Richard & Mary Palmer	11,172			(11,172)		
Parenting Fund	8,328		(450)			7,878
SHS Bursary Grants	17,730			(17,730)		
Department of Health	15,010			(15,010)		
Lottery - Autism Family Support Hubs	62,580	22,547	(85,127)			
Autism Volunteers	10,000			(10,000)		
People's Postcode Lottery	2,849		(2,849)			
Jones Trust contribution to Science Lab	41,498		(6,000)			35,498
Sherwood Centre		1,900				1,900
Wilson Foundation		20,000	(20,000)			
Children in Need	9,009		(9,009)			
Three Guineas	(6,580)	33,000	(26,420)			
	171,596	77,447	(149,855)	(53,912)		45,276
Total of funds	(4,624,050)	11,529,692	(11,509,693)		357,000	(4,247,051)

Designated funds represent amounts set aside by the Trustees for capital projects. This is intended to be viewed during the forthcoming financial year, particularly in light of the relocation of the Charity's schools.

Richard and Mary Palmer Trust is a fund established to contribute towards the cost of diagnostic assessment, where an alternative funding is unavailable.

Parenting Fund represents a donation received to fund a program to assist and support the parents of autistic children and adults.

SHS Minibus represents a donation received towards replacing the minibus at Sutherland House School. This is being released in line with the depreciation of the asset.

SHS Bursary Grants are grants to be distributed to the sixth form students.

The Department of Health grant represents a funding initiative for the Autism Innovation Fund.

The Lottery - Autism Family Support Hubs fund represents a three year project facilitating the setting up of family support groups in eight larger towns in Nottinghamshire and Derbyshire.

The Postcode Community Trust fund represents a grant for a sensory room to be created at the Sherwood Centre.

The Autism Volunteers fund is a Nottinghamshire County Council initiative which aims to increase the number of volunteers working in Autism charities.

The Jones Trust made a contribution towards the capital cost of creating and equipping a science laboratory in our school.

Funding received from BBC Children in Need substantially contributes towards the running of the 'Out and About' programme in Northampton - a community based programme helping autistic children reduce isolation, build confidence and develop social and life skills through recreational and leisure activities.

The Three Guineas Trust grant funds the cost of a dedicated Family Support Officer to co-ordinate our ASD Family Support service in Northampton.



21. STATEMENT OF FUNDS (continued)

Statement of funds - prior year

	Balance at 1 April 2017	Income	Expenditure	Transfers in/out	Gains/ (Losses)	Balance at 31 March 2018
	£	£	£	£	£	£
Designated Funds	421,374					421,374
<b>GENERAL FUNDS</b>						
General Fund	4,962,108	2,963,918	(2,853,391)	534,225		5,606,860
Reserves- subsidiary		5,198,495	(4,931,167)	(267,328)		
Reserves- subsidiary	48	3,164,895	(2,898,500)	(266,395)		48
Pension reserve	(10,778,000)		(391,000)		433,000	(10,736,000)
Other general funds			(4,573)			4,573)
	(5,815,844)	11,327,308	(11,078,631)	502	433,000	(5,133,665)
<b>RESTRICTED FUNDS</b>						
Richard & Mary Palmer	11,172					11,172
Parenting Fund	9,280		(952)			8,328
SHS Bursary Grants	17,730					17,730
Department of Health	15,010					15,010
Lottery - Autism Family Support Hubs	41,531	94,746	(73,697)			62,580
Autism Volunteers	10,000					10,000
People's Postcode Lottery	19,652		(16,803)			2,849
Jones Trust contribution to Science Lab		42,000		(502)		41,498
Parenting fund		133	(133)			
Intu Donation to Fairview Garden		1,500	(1,500)			
Children in Need		9,009				9,009
Three Guineas		(503)	(6,077)			(6,580)
	124,375	146,885	(99,162)	(502)		171,596
<b>Total of funds</b>	(5,270,095)	11,474,193	(11,177,793)		433,000	(4,540,695)

Summary of funds - current year

	Balance at 1 April 2018 as restated	Income	Expenditure	Transfers in/out	Gains/ (Losses)	Balance at 31 March 2019
	£	£	£	£	£	£
Designated Funds	421,374					421,374
General Funds	(5,217,020)	11,452,245	(11,359,838)	53,912	357,000	(4,713,701)
	(4,795,646)	11,452,245	(7,967,217)	53,912	357,000	(4,292,327)
Restricted funds	171,596	77,447	(149,855)	(53,912)		45,276
	(4,624,050)	11,529,692	(11,509,693)		357,000	(4,247,051)

Summary of funds - prior year

	Balance at 1 April 2017	Income	Expenditure	Transfers in/out	Gains/ (Losses)	Balance at 31 March 2018
	£	£	£	£	£	£
Designated Funds	421,374					421,374
General Funds	(5,815,844)	11,327,308	(11,078,631)	502	433,000	(5,133,665)
	(5,394,470)	11,327,308	(11,078,631)	502	433,000	(4,712,291)
Restricted funds	124,375	146,885	(99,162)	(502)		171,596
	(5,270,095)	11,474,193	(11,177,793)		433,000	(4,540,695)



**22. ANALYSIS OF NET ASSETS BETWEEN FUNDS****Analysis of net assets between funds - current year**

	Unrestricted funds 2019	Restricted funds 2019	Total funds 2019
	£	£	£
Tangible fixed assets	5,757,150	35,498	5,792,648
Current assets	3,642,224	34,778	3,677,002
Creditors due within one year	(1,325,162)	(25,000)	(1,350,162)
Creditors due in more than one year	(1,680,519)		(1,680,519)
Provisions for liabilities and charges	(10,686,020)		(10,686,020)
	<b>4,292,327</b>	<b>45,276</b>	<b>(4,247,051)</b>

**Analysis of net assets between funds - prior year**

	Unrestricted funds 2018 restated	Restricted funds 2018 restated	Total funds 2018 restated
	£ as restated	£ as restated	£ as restated
Tangible fixed assets	5,026,028	41,498	5,067,526
Current assets	4,205,511	130,098	4,335,609
Creditors due within one year	(1,360,214)		(1,360,214)
Creditors due in more than one year	(1,800,114)		(1,800,114)
Provisions for liabilities and charges	(10,866,857)		(10,866,857)
	<b>(4,795,646)</b>	<b>171,596</b>	<b>(4,624,050)</b>

**23. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES**

		Group
	2019	2018 As restated
	£	£
Net income for the year (as per Statement of Financial Activities)	<b>19,999</b>	213,045
<b>ADJUSTMENT FOR:</b>		
Depreciation charges	<b>331,608</b>	288,154
Dividends, interest and rents from investments		48,858
Profit on the sale of fixed assets	<b>(79,364)</b>	
(Increase)/decrease in debtors	<b>(83,614)</b>	44,883
Decrease in creditors	<b>(129,647)</b>	(116,405)
FRS102 pension adjustments	<b>301,000</b>	391,000
Movements in provisions	<b>(124,837)</b>	127,127
<b>NET CASH PROVIDED BY OPERATING ACTIVITIES</b>	<b>235,145</b>	996,662

**24. ANALYSIS OF CASH AND CASH EQUIVALENTS**

		Group
	2019	2018
	£	£
Cash in hand	<b>2,832,249</b>	3,574,470
<b>TOTAL</b>	<b>2,832,249</b>	3,574,470

**25. CAPITAL COMMITMENTS**

At 31 March 2019 the group and company had capital commitments as follows:

		Group		Company
	2019	2018	2019	2018
	£	£	£	£
Contracted for but not provided in these financial statements	<b>738,687</b>		<b>738,687</b>	

**26. PENSION COMMITMENTS**

The group operates a Defined Benefit Pension Scheme.

Principal actuarial assumptions at the Balance Sheet date (expressed as weighted averages):

	2019	2018
Discount rate at 31 March	<b>2.40%</b>	2.55%
Future salary increases	<b>2.10%</b>	2.00%
Future pension increases	<b>2.10%</b>	2.00%
Inflation assumption (RPI)	<b>3.20%</b>	3.10%
Inflation assumption (CPI)	<b>2.10%</b>	2.00%

	At 31 March 2019	At 31 March 2018
<b>Sensitivity analysis (applied to gross defined benefit liability)</b>	<b>£</b>	<b>£</b>
Discount rate +0.1%	<b>29,092,000</b>	27,676,000
Discount rate -0.1%	<b>30,384,000</b>	28,904,000
Mortality assumption - 1 year increase	<b>30,804,000</b>	29,293,000
Mortality assumption - 1 year decrease	<b>28,696,000</b>	27,309,000
Adjustment to pension increases +0.1%	<b>30,344,000</b>	28,865,000
Adjustment to pension increases -0.1%	<b>29,131,000</b>	27,713,000



26. PENSION COMMITMENTS (continued)

The assets in the scheme and the expected rates of return were:

	Fair value at 31 March 2019	Fair value at 31 March 2018
	£	£
Equities	11,445,000	11,538,000
Gilts	547,000	402,000
Other bonds	1,895,000	2,050,000
Property	2,962,000	2,204,000
Cash	574,000	347,000
Other	1,628,000	1,006,000
Total market value of assets	19,051,000	17,547,000

The actual return on scheme assets was £1,748,000 (2018 - £456,000).

The amounts recognised in the Statement of Financial Activities are as follows:

	2019	2018
	£	£
Current service cost	(383,000)	(507,000)
Interest on obligation	(270,000)	(296,000)
Total	(653,000)	(803,000)
Actual return on scheme assets	1,748,000	456,000

Movements in the present value of the defined benefit obligation were as follows:

	2019	2018
	£	£
Opening defined benefit obligation	28,283,000	27,759,000
Current service cost	383,000	507,000
Interest cost	714,000	773,000
Contributions by scheme participants	68,000	88,000
Actuarial losses/(gains)	947,000	(454,000)
Estimated Benefits paid net of transfers	(664,000)	(390,000)
Closing defined benefit obligation	29,731,000	28,283,000

Changes in the fair value of scheme assets were as follows:

	2019	2018
	£	£
Opening fair value of scheme assets	17,547,000	16,981,000
Interest income	444,000	477,000
Actuarial gains and (losses)	1,304,000	(21,000)
Assets distributed on settlements	(7,000)	(7,000)
Contributions by employer	359,000	419,000
Contributions by scheme participants	68,000	88,000
Estimated Benefits paid net of transfers	(664,000)	(390,000)
	19,051,000	17,547,000

The major categories of scheme assets as a percentage of total scheme assets are as follows:

	2019	2018
	£	£
Equities	60.00%	66.00%
Gilts	3.00%	2.00%
Other bonds	10.00%	12.00%
Property	16.00%	13.00%
Contrib Cash utions by employer	3.00%	2.00%
Other	9.00%	5.00%

Amounts for the current and previous period are as follows:

Defined benefit pension schemes

	2019	2018
	£	£
Defined benefit obligation	(29,731,000)	(28,283,000)
Scheme assets	19,051,000	17,547,000
Deficit	(10,680,000)	(10,736,000)
Experience adjustments on scheme assets	1,304,000	(21,000)



27. OPERATING LEASE COMMITMENTS

At 31 March 2019 the total of the group’s future minimum lease payments under non-cancellable operating leases was:

	2019	2018
GROUP	£	£
AMOUNTS PAYABLE:		
Within 1 year	150,661	131,671
Between 1 and 5 years	213,445	130,248
After more than 5 years	11,250	
Total	375,356	261,919

28. RELATED PARTY TRANSACTIONS

There were no related party transactions in the year ended 31 March 2019. In the year ended 31 March 2018, purchases of £1,625 were made from Geldards LLP, a practice with a director in common until June 2017. The key management personnel of Autism East Midlands comprise the Trustees, the Chief Executive Officer, the Director of Adult Services, Finance Director and Headteacher. The total employee benefits of the key management personnel were £330,924 (2018 - £295,835).

29. PRIOR YEAR ADJUSTMENT

A prior year adjustment of £83,355 has been made to correct an overstatement of income, prepayments and accrued income reported for the year ended 31 March 2018.

23. CONTINGENT ASSET

The charity is awaiting the outcome of an insurance claim in respect of costs incurred in the year ended 31 March 2019. An amount in excess of £150,000 has been claimed but at the date of the approval of the financial statements, the amount to be recovered was not virtually certain therefore no asset has been recognised in the balance sheet as at 31 March 2019.







Autism  
East Midlands



**For more information...**

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**Registered charity no.** 517954

Company Limited by Guarantee, registered in England no. 2053860